



Ing "Doc" Hay, Lung On, and the Kam Wah Chung

Ep. 205

PINYIN / TERM	CHINESE	ENGLISH / MEANING
Běn Cǎo Jīng	本草经	Shen Nong's Materia Medica, an early guide to Chinese medicinal herbs and techniques
Han	汉朝	The Han Dynasty 202 BCE to 220 CE
híngdài / xiōngdì	兄弟	Cantonese / Mandarin for brothers
Huáng Dì	黄帝	The Yellow Emperor
Huáng Dì Nèi Jīng	黄帝内经	The Inner Canon of the Yellow Emperor
Huárén	华人	Chinese
Ing Hay / Wǔ Yúniàn	伍于念	The subject of this episode. He lived 1862-1952
Kam Wah Chung / Jīn Huā Chāng	金花昌	Located in John Day, Oregon, the building where much of Ing Hay's life happened.
kǔ lì	苦力	Bitter labor....another term for hard work
Lung On / Liáng Guāngróng	梁光荣	Business partner and friend of Ing Hay for over half a century
Màizhěn	脉诊	Pulsology
Qì	气	Qi...the stuff of life. Everything's comprised of it
Qīng Tóngzhì yuán nián	清同治元年	The first year of the Qing Dynasty Tongzhi Emperor's reign
Sì Yì	四邑	the four contiguous counties of: Xīnhuì 新会, Táishān 台山, Kāipíng 开平 and Ènpíng 恩平
Toi San (Táishān)	台山	City located in the Pearl River Delta. A lot of Chinese immigrants came from here
Wǔ	伍	Chinese surname, in Cantonese written and pronounced Ng...N-g

Wǔxíng	五行	The Five Elements..Wood, fire, earth, metal, water
Xiàpíng Village	下坪村	Village in Taishan, birthplace of Ing Hay
Yì Jīng	易经	The I Ching, Book of Changes
yīn yáng	阴阳	Yin and Yang, the two opposing forces that have a hand in everything that happens in the world
Zhōng Yī.	中医	Chinese medicine (TCM)